



## Nondiscrimination notice and access to communication services

Optum, Inc. does not discriminate on the basis of sex, age, race, color, national origin, or disability.

Free services are available to help you communicate with us, such as letters in other languages, or in other formats like large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free number 1-833-964-2267 TTY 711.

If you think you weren't treated fairly because of your sex, age, race, color, national origin, or disability, you can send a complaint to:

Optum Civil Rights Coordinator  
11000 Optum Circle  
Eden Prairie, MN 55344  
Email: [Optum\\_Civil\\_Rights@Optum.com](mailto:Optum_Civil_Rights@Optum.com)

If you need help with your complaint, please call the toll-free number **1-833-964-2267 TTY 711**. You must send the complaint within 60 days of when you found out about the issue.

You can also file a complaint with the U.S. Dept. of Health and Human services.

**Online:** [ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf)

Complaint forms are available at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

**Phone:** Toll-free **1-800-368-1019, 800-537-7697** (TDD)

**Mail:** U.S. Dept. of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

## Language assistance services and alternate formats

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call 1-833-964-2267 TTY 711.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-833-964-2267 TTY 711

請注意：如果您說中文 (**Chinese**)，我們免費為您提供語言協助服務。請致電 1-833-964-2267 TTY 711。

XIN LƯU Ý: Nếu quý vị nói **tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi 1-833-964-2267 TTY 711.

알림: **한국어(Korean)**를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-833-964-2267 TTY 711 로 문의하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa 1-833-964-2267 TTY 711.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русским (Russian)**. Позвоните по номеру 1-833-964-2267 TTY 711.

تنبيه: إذا كنت تتحدث العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. الرجاء الاتصال بـ 1-833-964-2267 TTY

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, w ap jwenn asistans sèvis nan lang pa w, gratis. Tanpri rele nan 1-833-964-2267 TTY 711.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le 1-833-964-2267 TTY 711.

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniliśmy darmowe usługi tłumacza. Zadzwoń pod numer 1-833-964-2267 TTY 711.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço gratuito de assistência de idioma. Ligue para 1-833-964-2267 TTY 711.

ATTENZIONE: in caso la lingua parlata sia l'**italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-833-964-2267 TTY 711.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie 1-833-964-2267 TTY 711 an.

注意事項: **日本語 (Japanese)** を話される場合、無料の言語支援サービスをご利用いただけます。1-833-964-2267 TTY 711 にお電話ください。

توجه: اگر زبان شما فارسی (Farsi) است، خدمات تمداد زبانی به طور رایگان در اختیار شما می باشد. 1-833-964-2267 TTY 711 تماس بگیرید.

ध्या न : यदि आप **हिंदी (Hindi)** बोलते हैं, आपको भाषा सहता सेवा एँ, निःशुल्क उपलब्ध। कृपया 1-833-964-2267 TTY 711 पर कॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau 1-833-964-2267 TTY 711.

ស្នើសុំ (Khmer) ជួយដោយឥតគិតថ្លៃ ទីលេខ 1-833-964-2267 TTY 711។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyan. Maidawat nga awagan iti 1-833-964-2267 TTY 711.

DÍI BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yánilti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjjí' 1-833-964-2267 TTY 711 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac 1-833-964-2267 TTY 711.



Optum® is a trademark of Optum, Inc. All other trademarks are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.